

Consent For Intravenous Conscious Sedation

You have chosen I.V. Conscious Sedation for your Dental Work. This sedation will be a conscious sedation where you maintain your protective reflexes however, you will be less aware of your environment and of any discomfort. We will of course make sure you are thoroughly numb but anxiety will be greatly reduced anyway.

The main drug used is Propofol but occasionally we use Midazolam to increase the depth of the sedation. For complex surgery we sometimes use Paracetamol and Dexamethasone (a steroid) to help with discomfort and swelling. Please let us know if you are unhappy with us using any of these drugs.

Patients under IV sedation are not completely asleep but are very very relaxed. It is not a General Anaesthetic.

Amnesia is extremely common and towards the end of the procedure you may be more aware of what is happening. Thankfully you will be still very relaxed and we will monitor to you throughout to make sure you are comfortable.

Risks

- Nausea and vomiting. (very low risk)
- Bruising or tenderness of the veins or vessels into which the medications are placed (medium to high risk).
- Slower Breathing. (low risk)
- Extremely remote possibility that complications may require transport to a hospital for treatment.

Alternatives

Local Anaesthetic only or Relative Analgesia (gas and air requiring referral). General anaesthesia administered by an anaesthetist in a Hospital setting. This may involve additional cost, arrangements and lab work other than what has been required in the dental practice setting.

Before Surgery

- Please do NOT eat anything for 6 hours. Small sips of water until you arrive at the practice is allowed.
- Report to the practice any recent changes in health or any onset of symptoms of sickness, especially fever or respiratory illness such as colds or flue like symptoms.
- Take prescribed medications with a sip of water unless previously instructed otherwise.
- Wear loose, comfortable clothing.
- Remove all jewellery and leave at home.
- A responsible adult (18 years or older) must accompany you, be accessible to the practice during surgery and available to drive you home.
- Failure to comply with these instructions may result in cancellation of surgery.

After Surgery

- Arrange for a responsible adult (18 years or older) to come with you, drive you home and stay with you for at least 12 hours after surgery.
- Call the practice if you have any questions or concerns.

I hereby consent to and authorise that sedation be administered.

I consent to paying for the treatment **before commencement** so that I am not paying whilst under the influence of the sedation.

I certify and acknowledge that I have read this form, that I understand the risks, alternatives and expected results of the anaesthesia service and that all of my questions have been answered fully to my satisfaction. I understand the treatment that I am having done today, I have had the risks explained to me and the alternative treatments I could have, to my satisfaction.

Your Signature **Date**

Consent for Responsible Person

Thank you for agreeing to help the patient after the sedation session. Could you please read the document below to give you some basic do's and don'ts when looking after the patient.

Please arrive with the patient and it is preferable if you could stay for the session, or be contactable and within easy reach.

After IV Sedation:

- No alcohol until the next day.
- Walk with crook of your elbow around the crook of the patient's elbow. No other way is secure enough
- Be careful of stairs up to and inside of your home. Do not allow the patient to negotiate them on his/her own. Always walk behind the patient when ascending stairs.
- Do not discuss anything important on the way home. Do not sign any documents. The drug used for sedation causes temporary amnesia and your charge simply won't remember most of any conversation you may have on the way home.
- Do not let the patient use heavy machinery or DIY tools, boil kettles or attempt to cook!
- Do NOT let the patient drive until the next day.
- Do not let the patient wander out into the garden or the street unaccompanied

I agree to the above advice given.

Signed by Responsible Adult

Date